



BEHAVIORAL HEALTHCARE OPTIONS, INC.SM

The Life Connection Employee Assistance Program (TLC)

We recognize the challenges of balancing work the demands of everyday life. That's why you and your family have access to support through The Life Connection Employee Assistance, Work-Life Resource and Referral program. When you call the toll-free number, you will be assisted by a qualified EAP/Work-Life Consultant who will respond to your request thoroughly and promptly. And when you log on to the Work-Life Website, you'll find an abundance of useful resources, articles, links and interactive tools.

The Life Connection Program is available free of charge to all **AdvanstaffHR employees** and their households.

TLC Includes:

- 3 face-to-face counseling sessions per issue, per year
- Your entire household is eligible to use program
- In person or telephonic counseling is available
- Single point of contact for all life management needs
- 24 hour crisis support
- Always confidential and free of charge

You can talk to your EAP counselor confidentially about:

- Anxiety and depression
- Emotional/personal conflicts
- Grief and loss
- Managing stress and change
- Marital conflicts
- Parenting
- Questions about alcohol/drug use/ gambling addictions

Worklife Consultations are available to members and their household to access professionals in the following areas:

- Legal Consultation
- Financial Consultation and ID Theft Protection
- Child Care & Elder Care Consultation Service
- Daily Living Service

Online Work-Life Resources are available by visiting:

- Visit www.bhoptions.com
- Select "Online Work-Life Resources"
- Enter Company Code **advanstaffhr**

Employees can call BHO at **800-280-3782** 24 hours a day to receive assistance.